

**WHAT TO EXPECT WITH VIVIX:** Results will be different for each person depending on their state of health. I have been in very good health so my "noticeable" results did not happen quickly. It took a good 4-6 months for me to discover that my joints were much **more flexible** and my **brown spots** had lessened.

Keeping our bodies healthy at the "cellular" level is extremely valuable. For those who want to stay youthful and fit as long as possible, Vivix is a must. It's all about impacting the aging process going forward, as well as reversing as many existing negatives as possible.

For those in more fragile health, Vivix may detoxify to the extent you experience a temporary negative reaction. As Dr. Shaklee said, "When starting a supplement program you might 'raise a little dust' before you get the house clean." Be patient and persevere to ultimate HEALTH!

Option: reduce Vivix to ½ tsp for a week or two to ease through this cellular detoxification period.

Read below what Bob, a health oriented guy, has to say about Vivix. He did not see dramatic results in the first few months either, but with time, it's obvious that Vivix is "turning back the clock" for him. *Lorri Kreuzcher*

**TURNING BACK THE CLOCK:** I'll update you on a few things that I'm experiencing. First, my very white hair started changing. I've had independent verification that my formerly completely white hair now has a whole bunch of really cool **dark brown hair** coming on strong. Who knows what that means, but something is happening in the "reversal of aging" department. On another note, a friend of mine saw me striding along and mentioned, "Now that is a Shaklee-guy walk. You **walk like a 30 year old**". I thought about that and realized that I have lost virtually all of my 58 year old guy small **aches and pains**. When I run, walk, play tennis or exercise, all I feel is the joy of movement with no extra sensations. I really like that Vivix! *Bob Ferguson*

**INCONTINENCE:** My 85 year old Mom is a very social, detailed, and "do everything well" kind of lady who was distraught over the **leaking problem** that developed. Not only was this very inconvenient, but it was embarrassing when she had to excuse herself and

race to the bathroom. I convinced her to give Vivix a try. It did not take but a few days for her to see very dramatic results. The first month she used only ½ tsp. per day and then went to a full tsp. Not only has she been **free of incontinence**, but she is back to her positive, uplifting self with more energy than she has had in a long time. She is able to make decisions quickly with less emotional stress. She's in charge of her affairs once again. *Mary Riley Porter*

**CHOLESTEROL DROPS 50 POINTS:** I have not taken any prescription medication to reduce my cholesterol and yet my blood work came back great! I take a teaspoon of **VIVIX** everyday and 3 **Omega-Guard** plus 2 **Vita-Lea Gold** vitamins. The amazing part is I didn't change my diet. I believe my numbers would be even better with just a few small diet changes and a little exercise. *Darlene Woodhurst*

**Cholesterol & Blood Sugar Results:** I started on VIVIX in August, 2008. These are the results from my blood work in Feb '09 ..... (My Dr. is very pleased!)

	<u>Before</u>	<u>After</u>
Blood Sugar	102	81
Cholesterol Total	213	178
Triglycerides	50	53
HDL Cholesterol	51	65
Total Cholesterol HDL Ratio	<b>4.2</b>	<b>2.7</b>
LDL/HDL Ratio	-	1.6

**DEMENTIA ... ENERGY ... MEMORY:** In our group we have a 90 year old lady, living with her daughter ... the 90 year old had little energy and was forgetting the words she wanted to use, etc.

After just **1 set of Vivix**, she was up doing things, and her daughter said that she didn't want her to ever be without it. She has it on auto ship. *Kathy Barner*

**FRACTURED CARTILAGE & BONE SCAN:** Ruthie, a retired RN and great grandmother writes: My knee is totally fine now and I have energy again. And that is without surgery! An MRI had confirmed that I had **fractured cartilage** on both sides of my knee. After a week on Vivix, I didn't need to use the cane

anymore and each month my knee improved. Now it's as if I never fractured the cartilage at all! I am even back walking and using the rebounder. Along with the Vivix, I started taking Shaklee's Glucosamine (Joint Health).

Another great thing: I recently got a **bone scan** that showed an improvement over my results of 4 years ago which were in the very low normal range. The results this time showed that I was up into the middle normal range! The only difference since then is taking Shaklee Vitalizer, Vivix, and Joint Health. So it's got to be the Shaklee!  
*Ruthie Hasselblad*

**LUNG CANCER:** Ken was diagnosed with inoperable lung cancer Oct. 2007. One tumor is located near the T3 & T4 vertebra. He was having severe pain in his upper back & the only thing that helped was morphine tablets – he needed one tab every 12 hrs. Dec. 2007 the oncologist recommended chemotherapy. We were told “there is no cure” – the hope was to “buy him some time”. And hopefully the chemo kills the cancer before it kills you! We know chemo is poison and kills good cells along with the bad. The formula was aggressive and strong. He got worse with each treatment and it took longer to recover between treatments. I asked if I could give him vitamins and the Dr. said not while he was having chemo. Ken rarely used Shaklee vitamins. It's hard for him to swallow pills!

His 6<sup>th</sup> and last treatment was April 7, 2008. The oncologist told us the further out from the last chemo treatment without the cancer growing again, the better. Again I asked if I could give him vitamins now? He said “give him anything you want”. It had been 10 months since his last treatment! I started Ken on (force fed him!) Cinch shakes. He had NO appetite and was continuing to lose weight, was very weak and proceeded to lose 10 more pounds! I thought he was dying. He also took Vitalizer Gold, Garlic, Alfalfa, Nutriferon, Flavomax and Zinc. (Vivix was started Aug. 2008.)

June 2008 we began to see SLOW improvement – his hair and appetite started to come back. The Doctors had been monitoring him every 2 months to make sure the cancer was not growing again.

January 2009 our follow up oncology visit was a good report: He is doing well, looks great, and feels good. He said come back in 3 months instead of 2.

Feb. 16, 2009: Ken has not needed morphine or any pain pills AT ALL for the last 2 months! I believe VIVIX is helping with that also.

His 3 Doctors made these comments on how he looks:

1) “You're doing very well – keep doing what you've been doing – it seems to be working.”

2) “You look better than you have ever looked – EVER!”

3) “Oh my Gosh Kenny, you are back from the dead! I'm going to call you Lazarus! You look GREAT!”

*Bonnie Templeman*

**PARKINSON'S DISEASE:** In 2003 Chuck was diagnosed with Parkinson's Disease – a progressive neurological disorder with no known cure. Chuck is 78 and has been on various Shaklee supplements since 2001, however, we have seen the most change since starting Vivix August 2008. The improvements became noticeable within 2 months of starting Vivix. Before Vivix, our goal was to keep him as healthy as possible so his body only needed to deal with Parkinson's. Since Vivix, our goal has changed to improving his DNA and reduces his medications!

My report to you is that little things are happening. And it is the little things in life that mean the most! He's back to:

1. laughing, smiling and making jokes,
2. participating in conversations at family gatherings,
3. whistling and singing silly songs,
4. standing straighter when he hugs me,
5. he's just more engaged in life –
6. and the best of all – when you look into his eyes, his lights are back on!

Is Vivix making a difference in Chuck's health and in our hope for him? You bet it is!  
*Paula Pursley*

**CLUSTER HEADACHES:** My headaches came out of nowhere. One moment, everything was fine, then, wham, a stabbing, searing pain injected just behind my right temple and in front of my right ear. The whole right side of my head separated from the rest of my body. I'd pick up a wiffle bat and begin beating my head where the pain was. Or, as I was thrashing around on the ground like a fish out of water, I'd scream, “Why don't you leave me alone!”

From the late eighties, these headaches took over my life. Because of them, I retired from the military. I left positions where I was a plant manager and a financial planner. I stopped coaching and basically stopped doing everything that I loved.

I have tried several therapies to win this battle over my cluster headaches. Nothing worked until September, 2008 when I started using Vivix. I have been using Shaklee supplements for several years and have experienced many improvements to my overall health, except the headaches.

After about three weeks on Vivix my headaches were gone! It feels like I have my life back. There is a part of me that feels like Rip Van Winkle; I may have been

awake for the last twenty years, but it has been a blur. Vivix has given me the ability to focus again.

Do you have something in your life that seems to have taken over? Maybe it is headaches, diabetes, cardiac or neurologically driven. It may be a lack of energy or concentration. I would suggest that Vivix may hold your key to freedom. I know it did for me. I am pain free for the first time in over twenty years. I truly hope a miracle finds you today. One found me on that first week in September, 2008. *Tim Stewart*

**BLOOD PRESSURE AND CHOLESTEROL:** My husband has been on VIVIX since September 2008, but he did not notice any particular changes. Then he went for his physical in January 2008. He has been taking blood pressure medication for the last 5 years. One year ago at the Dr's office his blood pressure was high (170 over 100). Last week, after being on Vivix, his BP was 124 over 80 at the Dr's office; at home his BP is anywhere from 124 over 70-80.

However, the best news is his cholesterol, which traditionally has been between 220-230 with a high LDL; last week his total cholesterol was 192, HDL 74 and LDL 102 ... all good numbers. *Doris and Dave Moran*

**PARKINSON'S DISEASE:** My husband John has had Parkinson's for well over 10 years. With Shaklee and other alternatives, plus some medication, he has done an excellent job in maintaining or at least minimizing the progression. In the last year, however, I had been getting concerned about his mental deterioration. Sometimes he would slur his words or not be able to find the right words and often not be able to be clear conceptually. After being on Vivix for one month it seemed that his head was clearing. Over the last few months I can see a huge difference ... I have a working partner again who gives his opinions and ideas more clearly than he has in years. When we went to the neurologist, she thought he was so much better in both mental capacity and balance. She also thought he was on more medication. Actually, he was not!

Thanks to Shaklee for doing the research to create such effective products. *Joan Lubar-Alvarez & John Alvarez*

**ELDERLY:** We currently have about 12 people on Vivix at my parent's retirement community. My dad is our poster boy for Vivix! He has been on it for almost four months and while he is ninety and has quite a few issues, he is doing a LOT better. The most noticeable so far is more **energy and alertness**. His financial advisor wanted to speak with my mom to ask her what had happened with him. He is much more **engaged in conversations** now and even danced at the Valentines party last week! Before Vivix, he was married to his walker. Now that his **balance is better**, he is able to

use his cane unless he has a long walk somewhere. Previously, we did not want him to use his cane for fear of falling. Dad is on Coumadin and we noticed that he does not have the bruising he had before.

We have another man in his mid eighties, who, after his third box of Vivix, can walk a few blocks to the Bistro without having to stop to catch his breath. His goal is to walk 5 miles a day by June. After being on Vivix for a month or so, we noticed that he has developed a healthy **"rosy" complexion**. *Dale Hatchell*

**WOUND HEALING:** Dad recently had his 80<sup>th</sup> birthday and moved into a nursing home in Houston, TX. He lost one leg to diabetes, has had two strokes, heart disease and high blood pressure. He incurred several wounds on his leg and due to poor circulation they would not heal. Two of these wounds were deep and tunneling toward the bone. This was of great concern as wounds like these were the reason the other leg had to be amputated. We sought the doctor's help and they had him on a variety of meds, antibiotics, topical ointments, and strong pain killers. He was hospitalized twice because the pain was so unbearable. After six months with no improvement, the doctors had done all they could and offered no hope.

I called my Shaklee friend and asked for nutritional guidance. We got him started with a variety of vitamins immediately. A month later Vivix became available. Within three and a half months of being on Vivix his MIRACLE came! The wounds completely healed. This product is incredible. My dad tired of taking all the pills and chose to quit taking ALL medications and vitamins the 2<sup>nd</sup> month of being on VIVIX. He would only consent to the VIVIX because he liked the taste. I am so thankful for this wonderful **healing product** because it stood alone in dealing with all the sickness in my Dad's body. The nurses tell me his **blood pressure** is normal and **sugar levels** are good. I give GOD all the GLORY for pointing us in the Shaklee direction. *Dorita Grantz*

**HAIR COLOR RETURNING:** My hair was totally white. My husband said he wished I would "color my hair" like our friend, Janet, and our pastor's wife. However, their hair has not turned totally white but has dark mixed throughout. Well, my husband is getting his wish. Little by little I started seeing dark hair coming in. Janet and I both go to the same beautician. Janet's appointment was 2 hours prior to mine. When I went in, our beautician said, "Janet's hair is turning dark". I said, "well look at mine." After she shampooed it before cutting it, she kept digging through various parts of my hair saying, "there's some coming in here". I teased her and said she looked like she was looking for cooties or something! She said over and over, "I HAVE NEVER SEEN ANYTHING LIKE THAT"! I said it has to be the

VIVIX because that's all that has changed and evidently my hair is getting younger, so hopefully my body is, too. She said hair is a good indicator of health so this is a good sign of that! Yea, Vivix! *Norma Bledsoe*

**FATIGUE:** I have been employed by UPS for nearly 12 years. The biggest challenge of that job has been fighting fatigue resulting from my 3:15 am "wake-up" call!

I started Vivix August 2008. I heard amazing stories of what VIVIX was doing, but I didn't have a "story" of my own. I just knew that I was feeling generally better.

Fast Forward to January, 2009—I placed a bottle of VIVIX and a spoon in my van so that I would be consistent in taking Vivix every day. Several days later I recognized that I was "extra alert" while out driving the truck. There were no yawns, no tired moments, and no fatigue at all! The ONLY thing I was doing different from my normal routine was taking VIVIX every morning at 4:15 am!

I soon discovered why I was extra alert and energized. Vivix impacts the "4 Key Mechanisms of Cellular Aging":

1. DNA damage (from all the free radicals in the environment)
2. Genetic regulators (what was passed on to us)
3. Declining cellular energy production (when the mitochondria—the little power houses in our cells that create our energy—becomes less efficient)
4. Accumulation of advanced glycation end (AGE) products (when our cells clog up with the sludge in our bodies)

At 4:15 am my mitochondria – those little power houses in my cells – go to work 100% and that keeps me stay mentally sharp & energized!

I look forward to the day I can say that I no longer get up at 3:15AM to go to work, because I am working from home with my Shaklee family & "I" decide what time I start work.

If fatigue is all too familiar, I encourage you to fire up your mitochondria with Vivix. Should your friends ask, "Is it spendy?" ... tell them "No—it's priceless."

*Linda Larson*

**LYME DISEASE:** During the past several years, after realizing that a debilitating arthritic ankle was due to Lyme disease, I changed strategies from focusing on controlling inflammation to fighting an infection and started to see immediate improvement. Without using "conventional" antibiotic protocols for advanced Lyme, I

increased my Nutriferon to 4 per day, added d-Lenolate Olive Leaf extract, colloidal silver, Quantum bio-feedback therapy and of course too many Shaklee supplements to mention.

At my worst, I needed a brace and could barely climb stairs. The pain wasn't responding to any over the counter NSAIDS or Pain Relief. Over the course of a year I had improved dramatically, but still had some evening pain after a full day on my feet, and still needed to be very careful on the stairs.

I added VIVIX to my routine sporadically, and started to notice the lessening of pain. However, in January I started to take Vivix every day faithfully.

Sometime in mid-January I had the urge to start "Spring" housecleaning and rearranging! I was sleeping much better and waking at 5:30 all set to begin my day! Lately, I've been able to come down the stairs in the morning carrying things in both hands without rails or leaning on the wall. I notice I am bordering on obnoxiously PERKY, compared to folks around me. I was even dancing vigorously with my 5 year old grandson last Saturday night after a big day at the shop. How FUN and pain free is that!

I am so excited about VIVIX, I've been sharing my delight on a daily basis with friends and customers from my women's retail store. Thank you Shaklee!

*Lynne Arnold*

PS: My last biofeedback treatment was clear for all Lyme factors and my "cell vitality" was 10/10! My Quantum biofeedback therapist had never seen this before and ordered Vivix yesterday for herself and her dearest friend!



YOUR SHAKLEE/VIVIX REPRESENTATIVE: